Hayaa's Turbah

Written by
Iman Doroudi

Illustrated by
Eman Abdul-Razzak

Kisa Kids Publications | Under the Guidance of **Moulana Nabi R. Mir (Abidi)**

Disclaimer: Religious texts have ***not*** been translated verbatim so as to meet the developmental and comprehension needs of children.

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Library of Congress Control Number: 2022922548

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Dedication

This book is dedicated to the beloved Imām of our time (ʿaj). May Allah (swt) hasten his reappearance and help us to become his true companions.

Acknowledgments

Prophet Muḥammad (ṣ): On the Day of Resurrection, the ink of the scholars will be weighed up against the blood of the martyrs, and the ink of the scholars will be heavier than the blood of the martyrs.
Nahj al-Faṣāḥah, Saying #3222.

True reward lies with Allah, but we would like to sincerely thank Sheikh Ehsan Ahmadi, and Sisters Iman Doroudi, Eman Abdul-Razzak, Nida Syed, Fatima Hussain, Sabika Mithani, Abeda Khimji, and Zainab Hussain. May Allah bless them in this world and the next.

Marḥūmīn Dedication

Please recite a Sūrah al-Fātiḥah for
Marḥūma Aabidah M. Merali
Marḥūm Mohamedhussein Habib Hassan Walji
Marḥūm Asgharali M.M. Jaffer
Marḥūma Sakina Asgharali M.M. Jaffer
Marḥūm Zulfikar Hussein Haji Muraj
Marḥūma Rubab Zulfikar Hussein Haji Muraj
Marḥūma Fatmabai Musa Mohsin Haji Muraj
Marḥūma Sherbanu Khaki
Marḥūma Fatma Hussein A.M. Jaffer
Marḥūm Hussein A.M. Jaffer
Marḥūm Mahmood M.M. Jaffer
Marḥūm Ali M.M. Jaffer
Marḥūm Hussein M.M. Jaffer
Marḥūma Sikina Mahmood Khalfan
Marḥūm Akber M.M. Jaffer
Marḥūma Saida Akber M.M. Jaffer
Marḥūm Hassan A.M. Jaffer
Marḥūma Amina Hassan A.M. Jaffer
Marḥūm Muhsin A.M. Jaffer
Marḥūma Marzia Hemani

Preface

Prophet Muḥammad (ṣ):
Nurture and raise your children in the best way. Raise them with the love of the Prophets and the Ahl al-Bayt (ʿa).

Literature is an influential form of media that often shapes the thoughts and views of an entire generation. Therefore, in order to establish an Islamic foundation for the future generations, there is a dire need for compelling Islamic literature. Over the past several years, this need has become increasingly prevalent throughout Islamic centers and schools everywhere. Due to the growing dissonance between parents, children, society, and the teachings of Islam and the Ahl al-Bayt (ʿa), this need has become even more pressing. Al-Kisa Foundation, along with its subsidiary, Kisa Kids Publications, was conceived in an effort to help bridge this gap with the guidance of ʿulamā' and the help of educators. We would like to make this a communal effort and platform. Therefore, we sincerely welcome constructive feedback and help in any capacity.

The goal of *Hayaa's Turbah* is to have a connection with the turbah of Imām Ḥusayn (ʿa) which is one of the best tools to demonstrate our ikhlāṣ, sincerity, and humility to Allah.

Both the turbah and the tasbīḥ are icons and tools of a believer from the early days of Islam. The turbah represents the reality that we are from dust, we will return to dust, and we will be brought back in the presence of Allah from dust. The tasbīḥ was originally a gift given by the Noble Prophet Muḥammad (ṣ) to his daughter Sayyidah Fāṭimah (ʿa) as a way to remember Allah with the specific numbers of 34,33,33 with each respective dhikr. And this is a reminder for us as her followers to also have a deeper connection with Allah while rolling the beads of the tasbīḥ.

Allāhu Akbar 34 times...reminding us Allah is Greater than anything around us.
Alḥamdulillāh 33 times...reminding us to be grateful for the blessings of īmān, health, life, family, etc.
Subḥānallāh 33 times...Allah is more glorious than the small things that sometimes captivate our interest such as power, money, status, etc such that we end up worshiping them.

We hope that you and your children enjoy this book and use it as a means to achieve this goal, inshā'Allāh. We pray to Allah to give us the strength and tawfīq to perform our duties and responsibilities.

With Duʿās,
Nabi R. Mir (Abidi)

Transliteration Chart

Arabic terms in this book have been transliterated according to the following guidelines*:

ء	a, i, or u (initial form)
ء	ʾ (medial or final form)
ا	a
ب	b
ت	t
ث	th
ج	j
ح	ḥ
خ	kh
د	d
ذ	dh
ر	r
ز	z
س	s
ش	sh
ص	ṣ
ض	ḍ
ط	ṭ
ظ	ẓ
ع	ʿ
غ	gh
ف	f
ق	q
ك	k
ل	l
م	m
ن	n
ه	h
و	w
ي	y

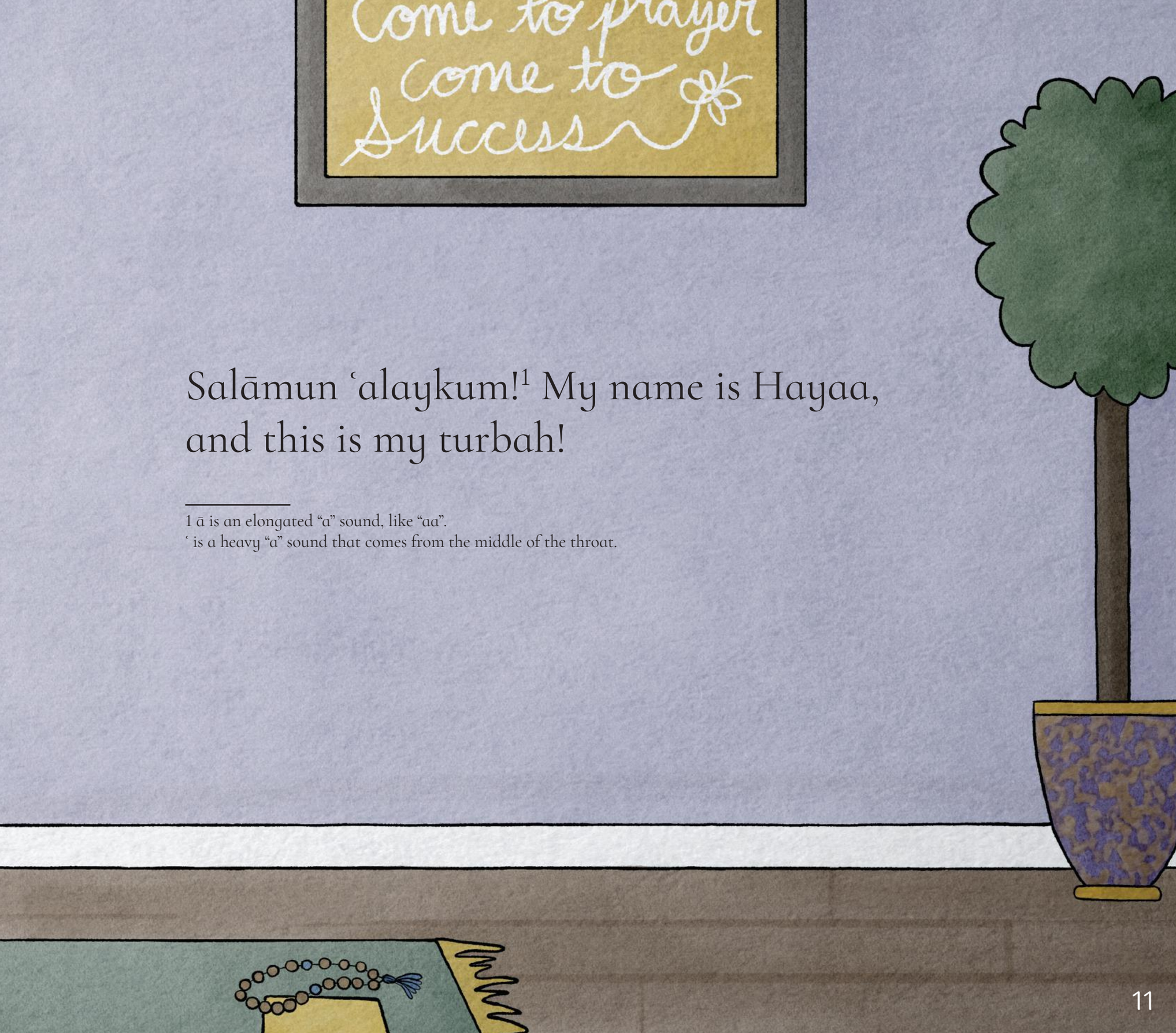
ـَ	a
ـِ	i
ـُ	u
ـّ	double letter
آ / ـَا / ىٰ	ā
ـِي	ī
ـُو	ū

*Please note that due to limitations, the transliteration is not 100% accurate in capturing tajwīd rules.

Hayaa's Turbah

Written by Iman Doroudi

Illustrated by Eman Abdul-Razzak

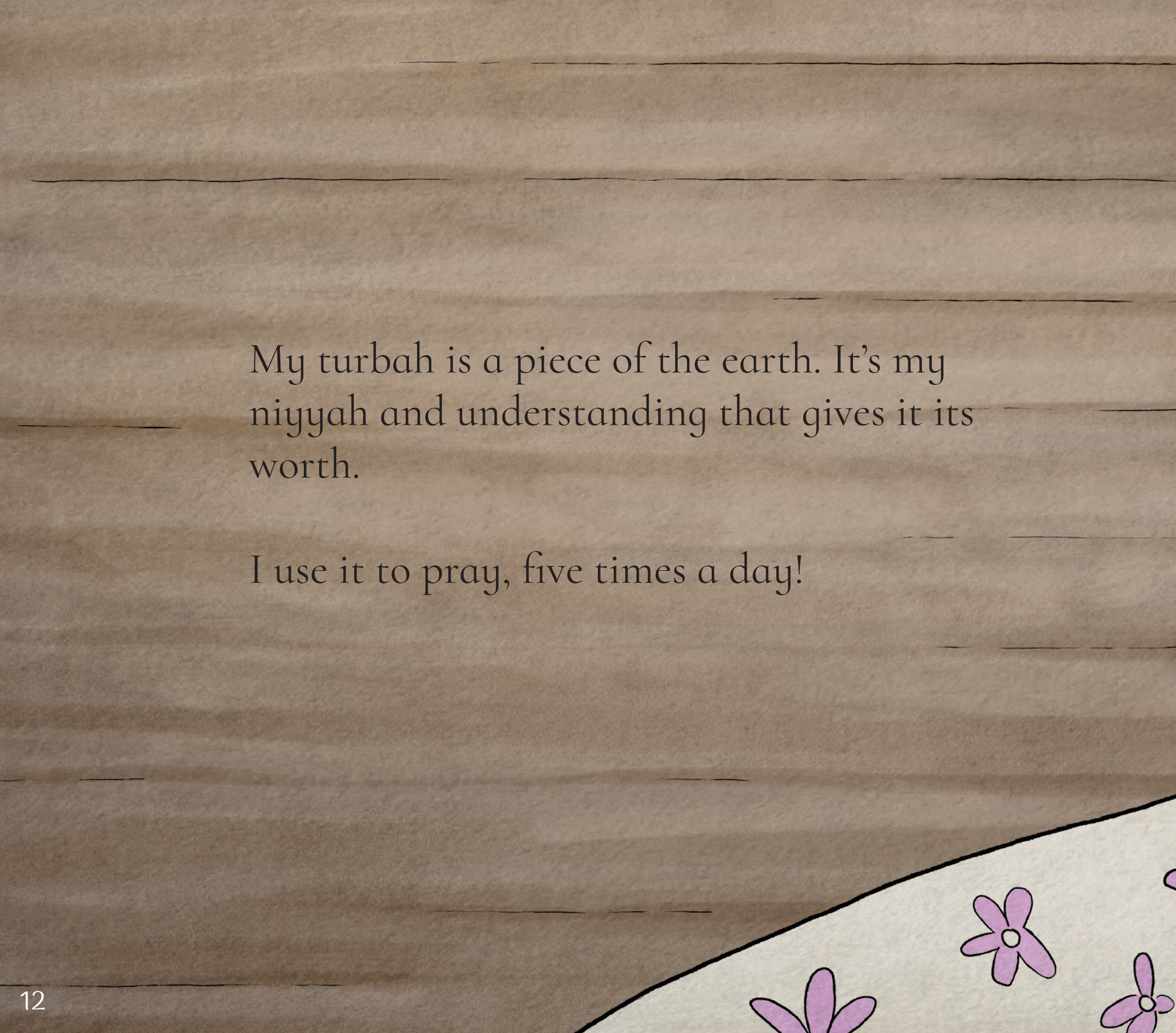


Salāmun ʿalaykum![1] My name is Hayaa, and this is my turbah!

1 ā is an elongated “a” sound, like “aa”.
ʿ is a heavy “a” sound that comes from the middle of the throat.

My turbah is a piece of the earth. It's my niyyah and understanding that gives it its worth.

I use it to pray, five times a day!



It comes from the ground, and it's made from clay.

We use it because Prophet Muḥammad (ṣ)[2] would pray on clay, straw and hay.

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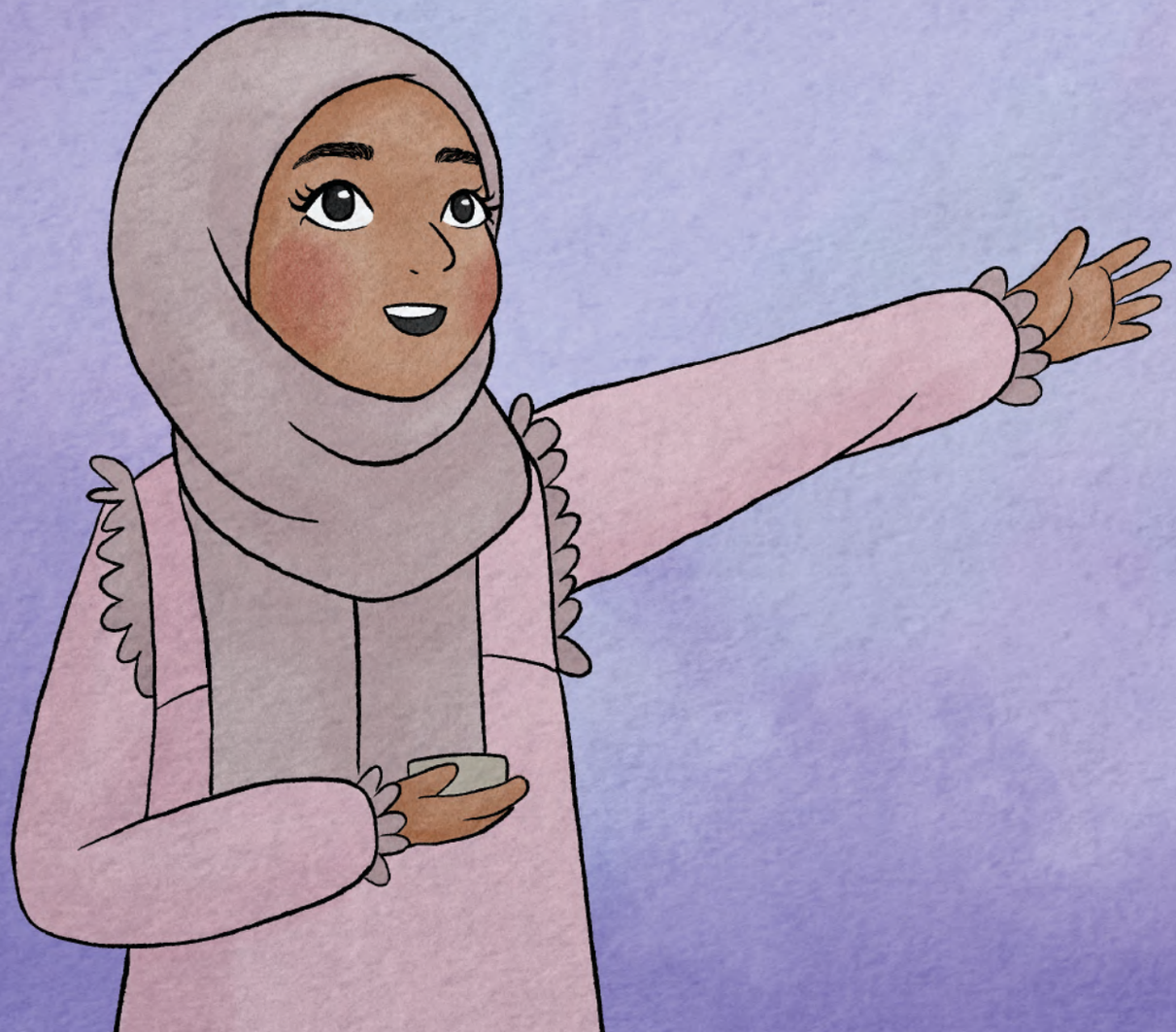
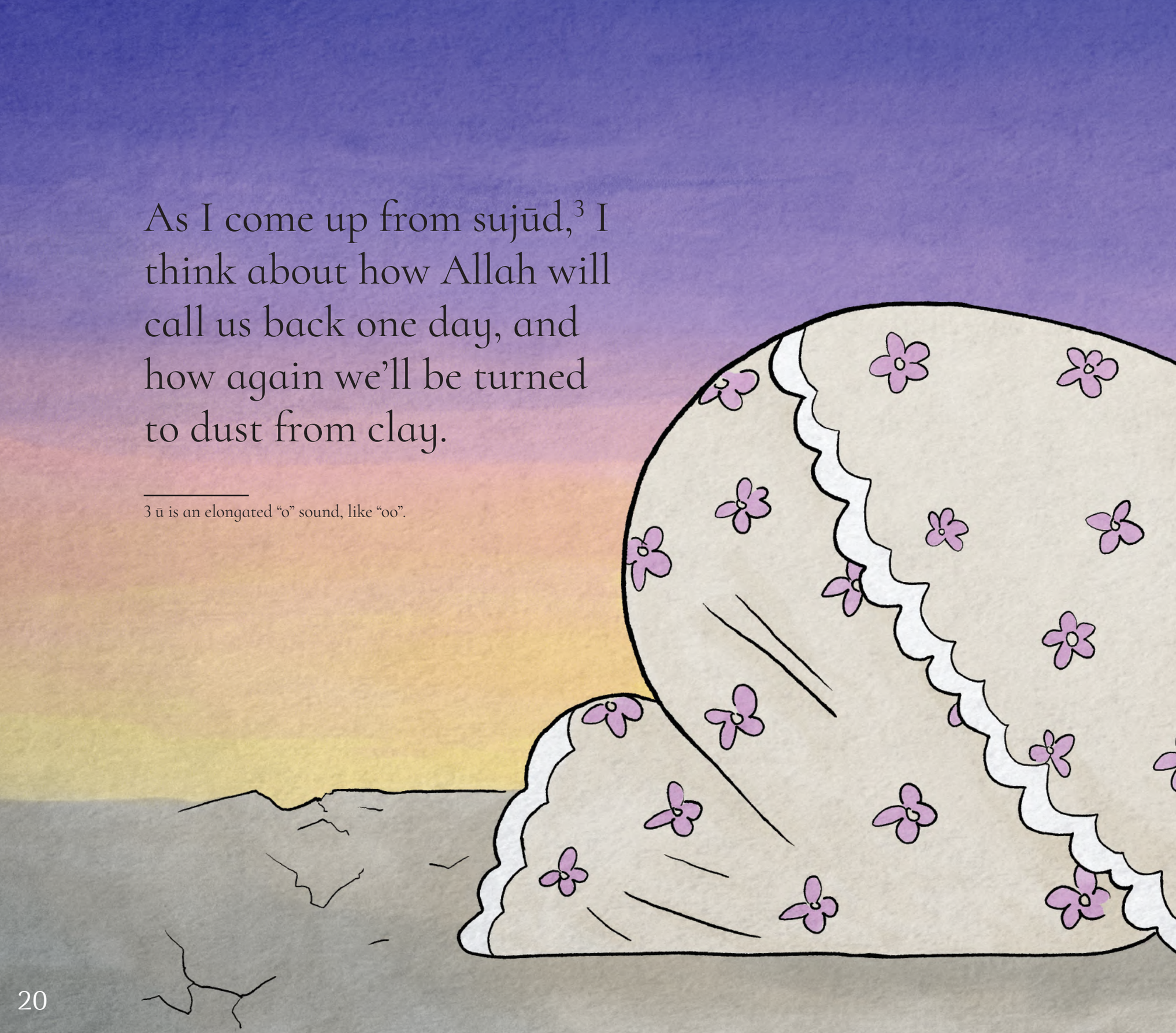
2 ḥ is a heavy "ha" sound that comes from the middle of the throat.
ṣ is an emphasized "s" sound like the Arabic letter ص.

Even though we can pray on anything natural like leaves, grass, stones, marble, and other earthy things, I choose my turbah because of its special meaning.

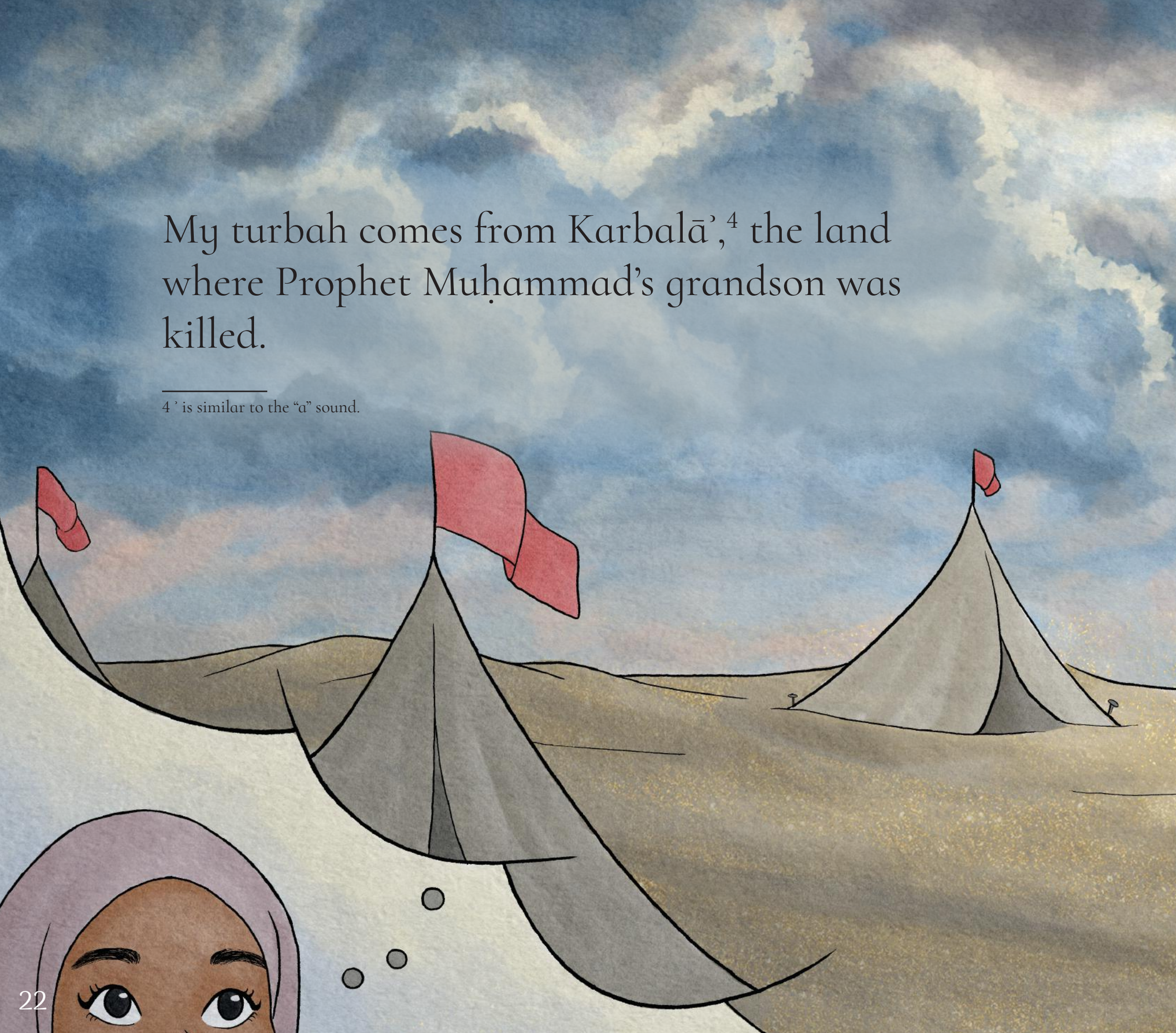


When I place my head on
its smooth, round surface,
I remember that Allah
created us from dust and
clay, just like the little
turbah that I put under
my forehead to pray.

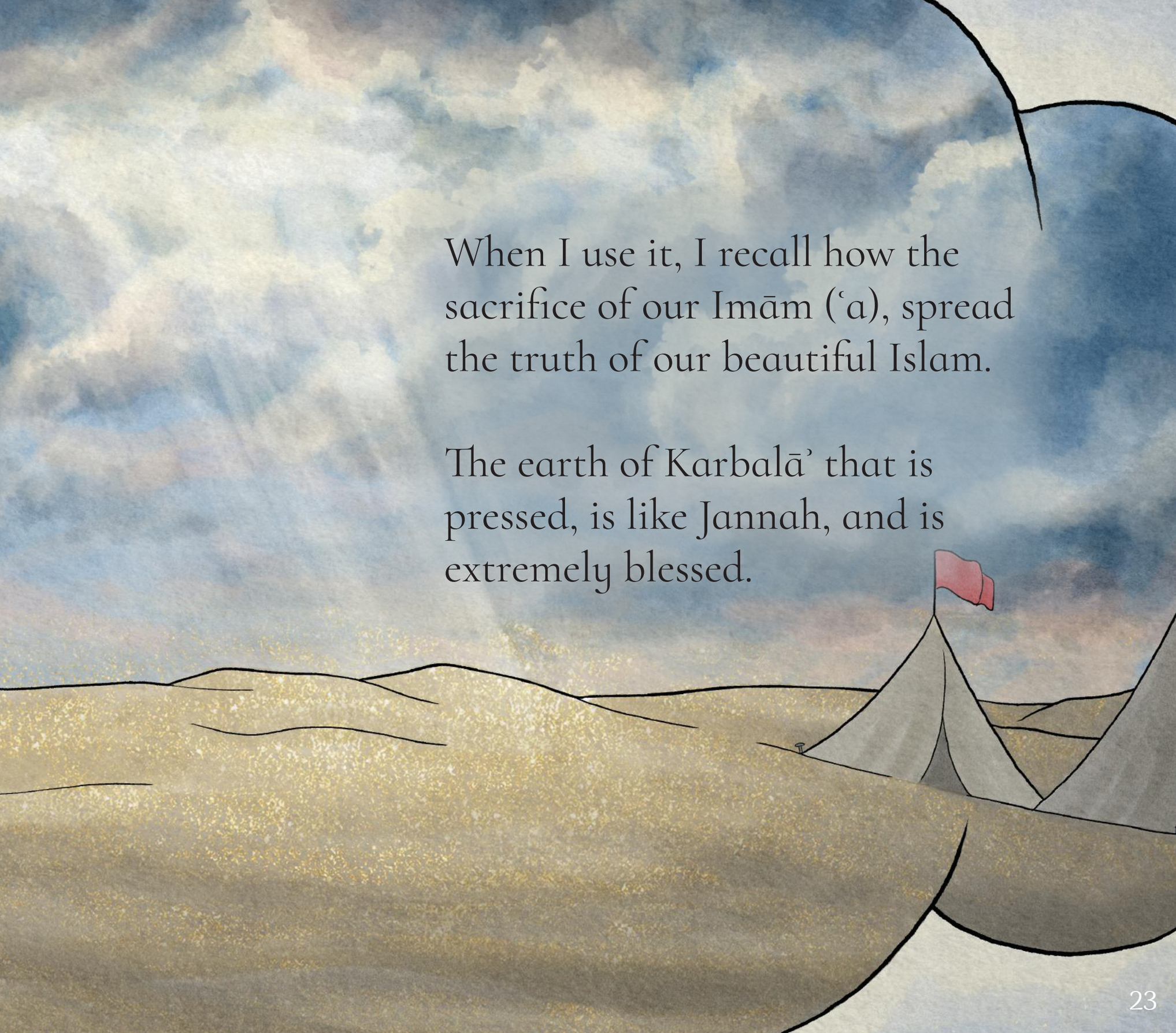
As I come up from sujūd,[3] I think about how Allah will call us back one day, and how again we'll be turned to dust from clay.



3 ū is an elongated "o" sound, like "oo".



4 ' is similar to the "a" sound.



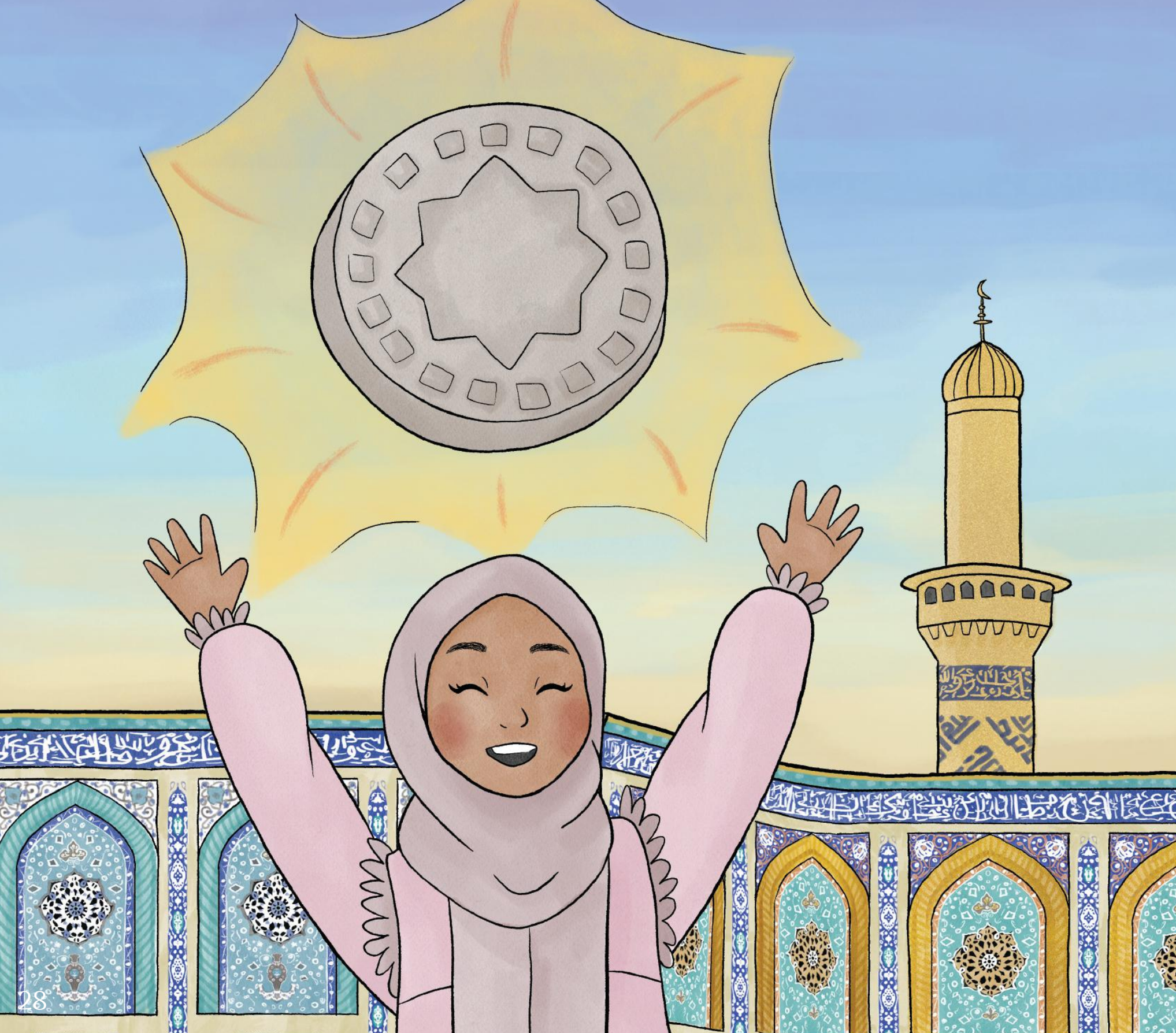
When I use it, I recall how the sacrifice of our Imām (ʿa), spread the truth of our beautiful Islam.

The earth of Karbalāʾ that is pressed, is like Jannah, and is extremely blessed.

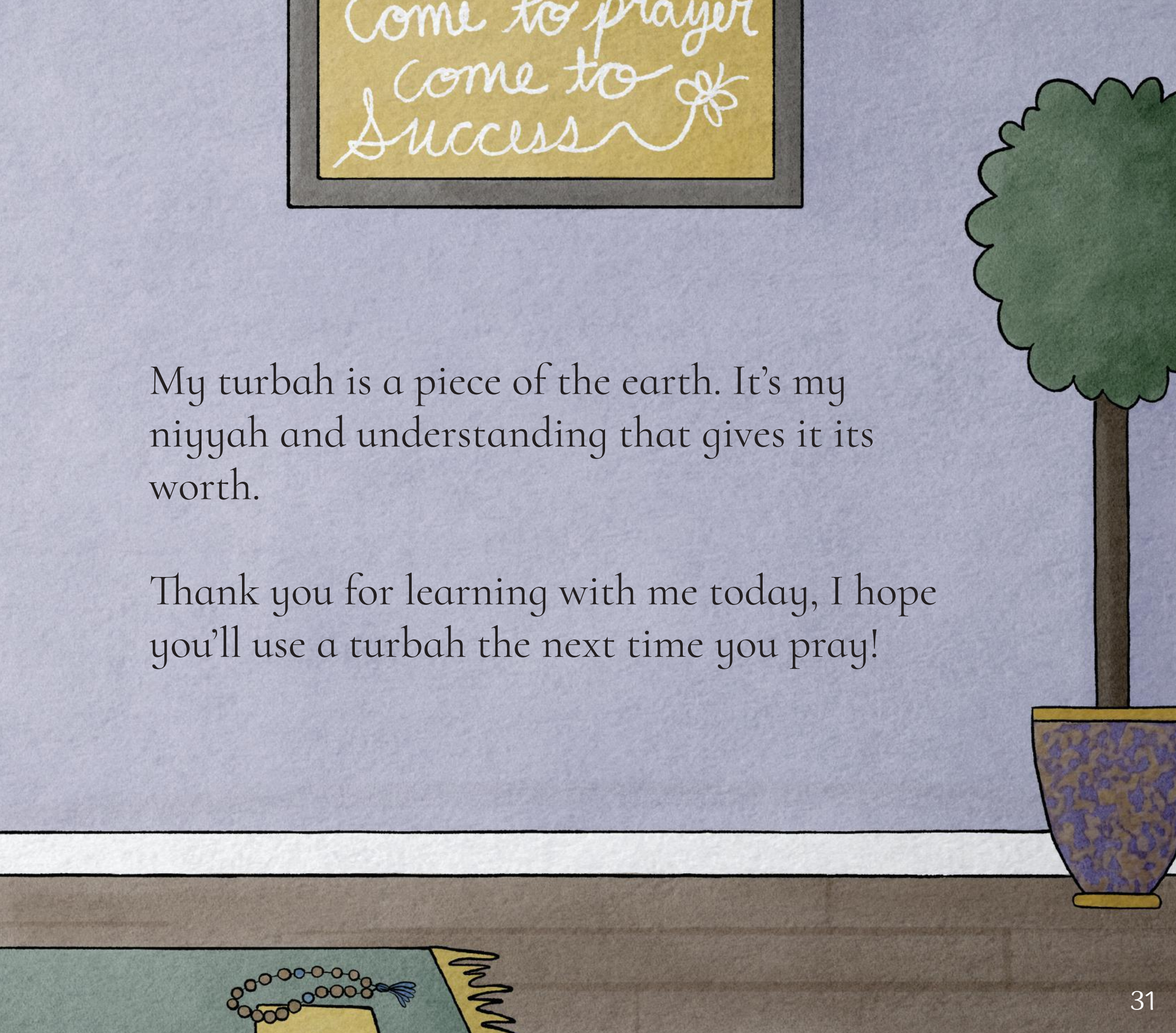
It's really helpful to carry around, so that if I need to pray, I can just place it on the ground!

When I pray at the mosque, lots of little babies crawl nearby, and when they grab my turbah, it makes me want to sigh!

الله
But that's okay, I always say, because maybe Allah is allowing them to learn through their play.



Praying on the turbah from Karbalāʾ gives me extra blessings, that's why I choose to pray with it above all other things.



My turbah is a piece of the earth. It's my niyyah and understanding that gives it its worth.

Thank you for learning with me today, I hope you'll use a turbah the next time you pray!

Glossary

(ṣ): Peace and blessings be upon Prophet Muḥammad and his family.

(swt): All glory belongs to God, the Glorified and Exalted.

(ʿa): Peace and blessings be upon him/her.

(ʿaj): May God hasten his reappearance.

Ahl al-Bayt: Divinely appointed family members of Prophet Muḥammad (ṣ).

Al-Fātiḥah: The first sūrah of the Qur'ān, which is commonly recited and sent as a gift of prayer for the deceased.

Alḥamdulillāh: All praise is for God.

Allah: The Arabic term for God, a culmination of all His holy names and titles.

Duʿā': Supplication; a deep connection and communication between an individual and God.

Imām: A divinely appointed leader, sometimes refers to a spiritual leader.

Inshā'Allāh: God-willing.

Jannah: Heaven.

Karbalā': A city in modern day Iraq, and a place of pilgrimage (ziyārah) for Shīʿah Muslims. Karbalā' is the site where the army of Yazīd I slaughtered Imām Ḥusayn (ʿa), his family, and his companions on the day of ʿĀshūrā' - the 10th of Muharram, in the year 61 AH / 680 AD. Today, the city of Karbalā' is home to the shrines of Imām Ḥusayn (ʿa), his brother ʿAbbās ibn ʿAlī, and the other valiant martyrs - which pilgrims visit all year around, especially on the anniversary of ʿĀshūrā' and forty days after that for the Arbaʿīn.

Marḥūm/Marḥūmīn: Someone who has passed away.

Niyyah: Intention.

Prophet Muḥammad (ṣ): The last and final Messenger of God.

Qur'ān: The holy book of Muslims.

Rakaʿāt: Units of prayer.

Salāmun ʿalaykum: Peace be upon you.

Shayṭān: Satan.

Subḥānallāh: All Glory and Praise belongs to God.

Sujūd: Plural of 'sajdah', meaning prostration.

Tawfīq: Divine blessings from God (Allah) that give one the opportunity and ability to thrive toward success.

Thawāb: Reward.

Turbah: A clay tablet upon which Shīʿah place their forehead in sajdah.

ʿUlamā': Scholars.

Ḥadīth

Prostrating on the earth from Imām Ḥusayn's grave pierces the seven veils.
Said by Imām aṣ-Ṣādiq (ʿa), Biḥār al-Anwār, Vol.85, P. 153, Ḥadīth #14.

Prostration on the earth from the grave of Imām Ḥusayn (ʿa) illuminates the seven earths. And whoever holds a tasbīḥ made from the earth of Ḥusayn (ʿa) has recited its dhikr.
Said by Imām aṣ-Ṣādiq (ʿa), Wasā'il ash-Shīʿah, Vol.5, P. 365.

Know that the answer [to prayers] lies under his holy dome, and the cure [for illnesses] lies in his soil and the Imāms (ʿa) of his lineage.
Said by Prophet Muḥammad (ṣ), Mustadrak al-Wasāil, Vol. 10, P. 335.

Whoever carries a tasbīḥ made from the turbah of Imām Ḥusayn (ʿa) will be counted as someone who is glorifying Allah, even if he is not saying anything.
Said by Imām aṣ-Ṣādiq (ʿa), Biḥār al-Anwār, Vol. 83, P. 332.

There is cure in Imām Ḥusayn's turbah even if it is within 1,800 meters [from his grave].
Said by Imām aṣ-Ṣādiq (ʿa), Wasā'il as-Shīʿah, Vol. 14, P. 513, Ḥadīth #19718.

Whoever recites the following dhikr with a tasbiḥ made of turbah, with every bead of the tasbīḥ, the Almighty will record for him/her 6,000 good acts, erase 6,000 sins, elevate him/her 6,000 levels, and write for him/her 6,000 cures.
Said by Imām ar-Riḍā (ʿa), Miṣbāḥ al-Mutahajjid P. 678.

About the Board ʿĀlim

Moulana Nabi R. Mir (Abidi) is a scholar, an educator, a father, and an enthusiast for creating educational infrastructure and Islamic resources for the benefit of the global community. Always wanting to think 'outside of the box' by supporting the creation of innovative materials to engage young readers to pick up Islamic books, interact with Qur'ānic games, learn from the Steps to Perfection Curriculum, and begin their life-long journey of holistic education.

Being a dedicated student and graduate of *Darse Khārij* from the *Ḥawzah* (the Highest Level of Islamic Studies in the Seminary), Moulana Abidi knows the value of Islamic education. Also, having grown up in India, and now residing in the United States, he has had the honor of traveling to various communities and meeting many community leaders. He values the importance of collaboration and working together to optimize potentials, and to create open source platforms so that information and resources are available and accessible to everyone around the world.

* * *

You, dear reader, are now part of the Al-Kisa family. Share the word, and join the mission.

Hayaa has a piece of earth more blessed than any other. She takes it with her wherever she goes, even to the playground. Find out why it is so unique and important to Hayaa.

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UNDER THE CLOAK OF GUIDANCE AND MERCY

ISBN 9781683123217
9 781683 123217